



ADDINGTON PLACE

OF EAST LAKE

1755 E. Lake Road S • Tarpon Springs, FL 34688 • (727) 943-8878

May 2023

Fiesta on the Fifth

From Los Angeles and Phoenix to Denver and Washington, D.C., cities across the nation will put on Cinco de Mayo festivals. Commemorating Mexico's 1862 battle victory over the French, the annual May 5 salute to Mexican culture and heritage has become a popular American observance, often enjoyed with traditional food and music.



Welcome to the 1960s!

Join us this month as we bring this groovy decade back to life!



Groovy Lava Lamps

Glowing lamps filled with bubbly liquid were a groovy décor trend in the 1960s. A British accountant was inspired to create the lamps after spotting a homemade egg timer designed in a similar fashion. He added a wax mixture to colored water inside a tall glass bottle and placed the container over a lightbulb. As the bulb heated the solution, the wax liquefied and rose to the top in blobs, then sank to the bottom as it cooled.

Pam Cutsuries
Executive Director
Janet Hayes, RN
Resident Services Director
Nadja Mobley
Marketing Director
Kenneth Moore
Dining Services Director
Gina Conforte
Business Office Manager
Bill York
Maintenance Director
Abby Brown
Lifestyle Director

MAIN DINING ROOM HOURS

Breakfast
7:30 am - 10:00 am
Lunch
11:30 am - 1:30 pm
Dinner
4:30 pm - 6:30 pm

Transportation Schedule

MONDAY & WEDNESDAY

9:30 a.m.-2:30 p.m.

SOUTH of Addington Place

THURSDAY

9:30 a.m.-2:30 p.m.

NORTH of Addington Place

Complete a transportation request form for all appointments with 48-hour notice.

Attention All Veterans!

Join us every first Wednesday of the month for our Veterans Café, from 2:30-3:30, in the activity room!





Employees

Employee of the Month



Bill York

Bill has really hit the ground running in his new role as Director of Maintenance/EVS. He is efficient in his work and communication. We are privileged to have Bill as one of our leaders!



Deenie

Deenie has been an amazing addition to our team, she does nothing less than an outstanding job whenever she is here.

★ ★ ★ Memorial Day ★ ★ ★

Remember and Honor

This Memorial Day, we remember all the brave men and women who gave their lives for our country. Our heartfelt thanks goes out to them and to all of our community's veterans for their service.

Recognizing First Responders

May is filled with annual observances that pay tribute to the dedication of first responders. Look for ways to recognize National Police Week, International Firefighters Day, National Emergency Medical Services Week and Nurses Week, all happening this month.

Summer's Coming!

Sunny days and summer fun are on their way! Help us welcome the season with good friends and good eats at our Memorial Day cookout. See calendar for details.

Derby Dash

America's longest-running sporting event is a two-minute dash watched nationwide. On the first Saturday in May, 20 top thoroughbreds will race in the Kentucky Derby at Louisville's Churchill Downs track. The annual horse race has been a tradition since 1875.

The Golden Gate

The rust-colored towers of the Golden Gate Bridge outlined against the crisp California sky is an iconic emblem of the United States. The bridge opened May 27, 1937, and was crossed by around 200,000 people on its first day of operations. Today, 40 million vehicles travel the bridge every year.

What Our April Looked Like...



Lunch at Red Lobster



Dinner at Bahama Breeze



Zumba with Adrianna



Our cooking demo with chef Kenny



A Look at Our 1940s USO Dance

Thank you to all of our staff, families, entertainers, and most importantly, our residents for making it an amazing night!



A great night spent with even greater company!

Mother's Wit & Wisdom

"Nobody can do for little children what grandparents do. Grandparents sort of sprinkle stardust over the lives of little children."

—Alex Haley

"It is as grandmothers that our mothers come into the fullness of their grace."

—Christopher Morley

"Grandma always made you feel she had been waiting to see just you all day and now the day was complete."

—Marcy DeMaree

"To a small child, the perfect granddad is unafraid of big dogs and fierce storms but absolutely terrified of the word 'boo.'"

—Robert Brault

"Every generation revolts against its fathers and makes friends with its grandfathers."

—Lewis Mumford

"What children need most are the essentials that grandparents provide in abundance. They give unconditional love, kindness, patience, humor, comfort, lessons in life. And, most importantly, cookies."

—Rudy Giuliani

"When grandparents enter the door, discipline flies out the window."

—Ogden Nash

"A grandmother is a safe haven."

—Suzette Haden Elgin

"Grandparents are there to help the child get into mischief they haven't thought of yet."

—Gene Perret



Celebrations!



Residents

May 6

Barbara C.

May 13

Carol W.

May 18

Carolyn J.

May 19

Dorothy E.

May 26

Bonnie L.

May 28

Jim B.

Staff

May 9

Benjamin D.

May 12

Nadja M.

May 21

Kenny M.

May 24

Beth D.

May 29

Pam C.

Happy Birthday, May Babies

Warm wishes to those celebrating in May.



FELIZ CUMPLEAÑOS

May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Lunch at Tarpon Tavern	3 Join us for our first Veteran's Cafe at 2:30 in the activity room. And Happy Hour with Louie at 3:30 in the Dining room!	4	5 Cinco De Mayo Join us for our Cinco De Mayo breakfast fiesta! Don't forget to sign up at the front desk!	6 NATIONAL NURSES WEEK 
7	8	9 Breakfast at Daybreak Café	10 Happy Hour With Scott	11	12	13 Don't miss out on any sweet treats! Sign up for our mystery dessert bus ride at the front desk!
Mother's Day 14 Happy Mother's Day! All moms are welcome to join us for mimosas and tea by the pool!	15	16 Lunch at Bella's Pizzeria & Grill	17 Join Us for Our Karaoke Happy Hour With Hunter!	18	19	20 ARMED FORCES DAY 
21	22	23	24	25 Friends & Family The theme for May is the groovy '60s! Help us celebrate this colorful decade!	26	27
28	Memorial Day 29 Join us out by the pool for our Memorial Day cookout!	30 Dinner at Kobé Japanese Steakhouse	31 Happy Bday!! Celebrating All Our May Birthdays With Cake, Drinks, And Our Amazing Singer Brittany			

MY Monthly PLAN

To Do:

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

Goals:

Don't Forget!

